



MYELIN 6

THE DAILY ESSENTIAL BRAIN COMPLEX

A healthy brain for improved focus and energy relies on reducing neuroinflammation and oxidative stress while improving energy metabolism and impulses between neurons.



MYELIN 6

The following ingredients were carefully researched and sourced by pharmacists and cellular medicine experts for quality, bioavailability, and patented ingredients that are backed by clinical studies.



Supplement Facts

Serving Size 1 scoop (5 g)
Servings Per Container 30

	Amount per Serving	%DV†
Calories	10	
Calories from Saturated Fat	0	
Sodium	230 mg	10%
Total Carbohydrate	1 g	<1%
NuLifeSpan Myelin-6 Blend™	1106 mg	†
TeaCrine® theacrine, DL Phenylalanine Turmeric Powder, AlphaSize® Alpha-Glycerol Phosphoryl Choline, L-Theanine, Q+® Kaneka Ubiquinol™, BioPerine® Black Pepper Fruit Extract.		
Green Tea Powder	10 mg	†

† % Daily Value (DV) not established.

OTHER INGREDIENTS: Natural Flavors, Maltodextrin, Citric Acid, Sucralose, Stevia Leaf Extract, Monk Fruit, Rice Fiber.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Warning: Not recommended for children. Prepare or serving women. If taking medication consult your physician before use.

USA

GMP

AlphaSize

TEACRINE

Q+®

BioPerine®

Green Tea Powder



AlphaSize

Alpha-Glycerol Phosphoryl Choline

A patented form of Alpha-GPC that crosses the blood brain barrier to boost choline levels by synthesizing acetylcholine. AC is responsible for the transmission of communication impulses between neurons.

BENEFITS

- Enhanced brain metabolism
- Improved growth hormone response
- Improved performance and muscle power (4)
- Sharpness, memory, concentration and recall

**Shown to raise choline levels faster than any other choline precursor.*

TEACRINE®

A patented purine alkaloid that exerts its effect by way of dopamine agonism and adenosine inhibition. (1) Validated in 6 separate human trials to enhance performance in regard to energy mood and focus.

BENEFITS

- Clean, smooth energy and focus
- Anti-fatigue
- Elevated Mood (2)
- Greater Motivation
- Longer duration(half-life) with caffeine



**Teacrine works synergistically with caffeine. Study shows that caffeine potentiates Teacrine but that Teacrine did not potentiate caffeine.*

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TURMERIC with

 **BIOPERINE®**

Shuts down inflammation genes by blocking NF-Kb while targeting Nrf2 signaling pathway protecting cells from oxidative stress.

BENEFITS

- Reduced inflammation
- Protection from oxidative stress
- Activation of natural antioxidant pathway
- Boosts Brain Hormones

DECAFFEINATED GREEN TEA POWDER

Green tea powder is BRIGHT GREEN in color & has a FRESH GRASSY Aroma. Produced in the Uji region of Japan.

BENEFITS

- Weight management
- Cardiovascular health
- Can increase blood flow to the skin
- Trace amount of caffeine (<0.5%)

Studies have shown that green tea powder has a number of potential health benefits. These include reduced blood pressure, increased weight loss, and improved skin.



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DL-PHENYLALANINE

Crosses the blood brain barrier and plays a precursor role in the synthesis of norepinephrine and dopamine. Binds to Glutamate AMPA receptors improving synaptic communication.

BENEFITS

- Dopamine production
- Memory and learning enhancement
- Enhanced mood and increased alertness

DLPA is a mixture of two forms of the essential amino acid phenylalanine, the naturally occurring L-phenylalanine and the synthetic D-phenylalanine with nootropic effects. DLPA enhances mood and can increase alertness and improve memory and learning.

L-THEANINE

Derivative L-glutamic acid that increases alpha wave brain production and mood modulation by exerting its effects on serotonin, dopamine and other neurotransmitters. (7,8)

BENEFITS

- Enhanced performance in visual attention and reaction time response. (7)
- Neuroprotective and memory effects. (8)
- May help people with high anxiety to concentrate with daily activities (7)
- Improves state or relaxed alertness by increasing production of alpha waves. (8)
- Mood modulating activity by acting on neurotransmitters. (8)

The combined effect of l-theanine and caffeine on cognitive performances clearly shows the beneficial impression on recognition, visual information processing, attention and moods. (7)



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ORANGE GUANABANA



FOCUS • CLARITY • ENERGY • MEMORY • MOOD • STRESS • ATTENTION • ALERTNESS



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Psychologists call that feeling of being “in the zone” flow state—the optimal level of consciousness where you can perform at your best. To get there, your brain starts producing more alpha waves, which are associated with greater creativity and productivity.

As a result, you’re able to tune out distractions, think clearly, and accomplish tasks.



Myelin6 is the formula I take daily. It helps me achieve and maintain focus and keep my attention. Elevated focus levels help me train longer and harder and gives my brain the ability to increase my cognitive function when it's time to enter the zone.



SUGGESTED USE: Adults, mix one to two scoops into 16 ounces of water. Shake or mix until fully dissolved. Drink first thing in the morning on an empty stomach for best results.